

Resources to Help Teach About Masculinity, Violence, Rape Culture and Sexism

Just Communities recommends the following resources for helping students explore issues of masculinity, violence, sexism and rape culture. As with any resource, Just Communities strongly recommends educators and parents view all videos and read all books/articles prior to sharing them with young people to ensure they are appropriate for your students and that you are comfortable facilitating the issues that may arise. Just Communities is also available to help educators and parents craft lesson plans that utilize these resources.

Videos:

- *Tough Guise: Violence, Media & Masculinity's Crisis (2000)*, by Jackson Katz.
<http://www.jacksonkatz.com/videos/>
 Acclaimed anti-violence educator Jackson Katz argues that the epidemic of male violence that plagues American society needs to be understood and addressed as part of a much larger cultural crisis in masculinity. Whether he's looking at bullying and school shootings or gay bashing, sexual assault, and violence against women, Katz makes a powerful case that male violence, misogyny, and homophobia are inextricably linked to how we define manhood as a culture. The film gives special attention to how American media have glamorized increasingly regressive and violence masculine ideals in the face of mounting social and economic threats to traditional white male heterosexual authority. Katz's innovative cultural approach to gender violence prevention has been adopted by the NFL, the NCAA, and the U.S. Marine Corps.
 Sections: Introduction | Hidden: A Gender | Upping the Ante | Backlash | The Tough Guise | The School Shootings | Constructing Violent Masculinity | Sexualized Violence | Invulnerability | Vulnerability | Better Men
 Duration: (Full) 82 min, (Abridged) 57 min
 ISBN: 1-893521-66-4
 Date Produced: 1999
 Subtitles: English
- *Tough Guise 2: Violence, Manhood and American Culture (2013)*, by Jackson Katz.
<http://www.jacksonkatz.com/videos/>
 In this highly anticipated update of the influential and widely acclaimed *Tough Guise*, pioneering anti-violence educator and cultural theorist Jackson Katz argues that the ongoing epidemic of men's violence in America is rooted in our inability as a society to move beyond outmoded ideals of manhood. In a sweeping analysis that cuts across racial, ethnic, and class lines, Katz examines mass shootings, day-to-day gun violence, violence against women, bullying, gay-bashing, and American militarism against the backdrop of a culture that has normalized violent and regressive forms of masculinity in the face of challenges to traditional male power and authority. Along the way, the film provides a stunning look at the violent, sexist, and homophobic messages boys and young men routinely receive from virtually every corner of the culture, from television, movies, video games, and advertising to pornography, the sports culture, and U.S. political culture. *Tough Guise 2* stands to empower a new generation of young men -- and women -- to challenge the myth that being a real man means putting up a false front and engaging in violent and self-destructive behavior.

The 52-minute version has been edited for length, and the 46-minute "clean" version has been edited for violence, sexual content, and strong language. While both versions are ideally suited for viewing in a single classroom period, the clean version may be more appropriate for junior high and high school-aged audiences.

Duration: (Full) 78 min, 52 minutes (Abridged), 46 minutes (Abridged - Clean)

ISBN: Full: 1-932869-91-3, Abridged: 1-932869-92-1

Date Produced: 2013

Subtitles: English and Spanish

- *The Mask You Live In* (2015), by The Representation Project / Jennifer Siebel Newsom
<http://therepresentationproject.org/film/the-mask-you-live-in/>
The Mask You Live In follows boys and young men as they struggle to stay true to themselves while negotiating America's narrow definition of masculinity. Pressured by the media, their peer group, and even the adults in their lives, our protagonists confront messages encouraging them to disconnect from their emotions, devalue authentic friendships, objectify and degrade women, and resolve conflicts through violence. These gender stereotypes interconnect with race, class, and circumstance, creating a maze of identity issues boys and young men must navigate to become "real" men. Experts in neuroscience, psychology, sociology, sports, education, and media also weigh in, offering empirical evidence of the "boy crisis" and tactics to combat it. *The Mask You Live In* ultimately illustrates how we, as a society, can raise a healthier generation of boys and young men.
- *A Call to Men*, by Tony Porter. TED Talk (https://www.ted.com/talks/tony_porter_a_call_to_men/up-next)
- *Why Gender Equality is Good for Everyone – Men Included*, Michael Kimmel, TED Talk (https://www.ted.com/talks/michael_kimmel_why_gender_equality_is_good_for_everyone_men_included/up-next?language=en)
- *Violence Against Women – It's a Men's Issue*, Jackson Katz, TED Talk (https://www.ted.com/talks/jackson_katz_violence_against_women_it_s_a_men_s_issue/up-next?language=en)
- *Ten Responses to the Phrase "Man Up"* by Guante, YouTube spoken word video (www.youtube.com/watch?v=QFoBaTkPgco)
- *Consent at 10,000 Feet*, by Guante, YouTube spoken word video (www.youtube.com/watch?v=VzR5Wjnk2hk)
- *MenStory Project*, YouTube Channel (www.youtube.com/user/mensstoryproject)

Books:

- *Men's Work: How to Stop the Violence That Tears Our Lives Apart*, by Paul Kivel
- *The Macho Paradox: Why Some Men Hurt Women and How All Men Can Help*, by Jackson Katz
- *Hombres Y Machos: Masculinity and Latino Culture*, by Alfredo Mirande
- *Man Up: Cracking the Code of Modern Manhood*, by Carlos Andres Gomez

- *Angry White Men*, by Michael Kimmel
- *Manhood in America: A Cultural History*, by Michael Kimmel
- *Guyland: The Perilous World Where Boys Become Men*, by Michael Kimmel
- *Asking for It: The Alarming Rise of Rape Culture – and What We Can Do About It*, by Kate Harding
- *Transforming a Rape Culture*, by Emilie Buchwald and Pamela Fletcher
- *Refusing to Be a Man: Essays on Sex & Justice*, by John Stoltenberg

Articles:

- *The Sociological Explanation for Why Men in America Turn to Gun Violence*, by Tristan Bridges & Tara Leigh Tober. October 7, 2017 (<https://qz.com/1095247/the-sociological-explanation-for-why-men-in-america-turn-to-gun-violence/>)
- *How to Stop Violence: Mentally Ill People Aren't Killers, Angry People Are*, by Laura L. Hayes. April 9, 2014 (http://www.slate.com/articles/health_and_science/medical_examiner/2014/04/anger_causes_violence_treat_it_rather_than_mental_illness_to_stop_mass_murder.html)
- *25 Everyday Examples of Rape Culture*, March 10, 2014 by Shannon Ridgway (<https://everydayfeminism.com/2014/03/examples-of-rape-culture/>)
- *Ten Things to End Rape Culture*, by The Nation (<https://www.thenation.com/article/ten-things-end-rape-culture/>)
- *Men Aren't Monstrous, but Masculinity Can Be*, by Tyler Zimmer, Slate (http://www.slate.com/blogs/better_life_lab/2017/11/29/men_aren_t_monsters_the_problem_is_toxic_masculinity.html)
- *How to Talk About Sexism in the Classroom*, by Ariel Sacks, (http://blogs.edweek.org/teachers/whole_story/2017/01/do_boys_experience_sexism_a_cr.html)

Lesson Plans / Discussion Guides:

- *Young Men's Work: Stopping Violence & Building Community*, a 10-Session Curriculum by Allan Creighton & Paul Kivel
- *Helping Teens Stop Violence, Build Community and Stand for Justice*, by Allan Creighton & Paul Kivel

Websites:

- <http://www.jacksonkatz.com/>
- <http://paulkivel.com/>
- <https://www.tolerance.org/classroom-resources>
- <http://everydaysexism.com/>
- <http://www.edchange.org/multicultural/index.html>
- <http://www.mensstoryproject.org/>